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з відкритим серцем на шлях оновлення душі.



Bulletin 2

X SOUTH ORIENTEERING CUP

20th to 23th, August, 2026 – Prudentópolis/PR

WORLD RANKING EVENT – **WRE**



Invitation

The Brazilian Orienteering Confederation (CBO), the Paraná Orienteering Federation (FPO) and the Lobo Bravo Orienteering Club (COLB), have the honor to invite everyone to participate in the **X South Orienteering Cup**, to be held in the city of Prudentópolis - Paraná, from August 20 to 23, 2026. The event will be valid for the world ranking of the International Orienteering Federation (IOF World Ranking Event - WRE).

1. PROGRAMME

Aug 20th/2026 Thursday	09h to 16h	Model Event (Tourist Attraction) Manduri Falls https://maps.app.goo.gl/e92ZAqBy7dNWcrGe7
	09h to 17h	Secretariat Opens Terra das Cachoeiras Gigantes Events Center https://maps.app.goo.gl/p8AM8HPrTsoEr8XF9



	13h	Cantonment Opens Prudentópolis Municipal Gymnasium https://maps.app.goo.gl/3PZatUjDse487xbB6
Aug 21st/2026 Friday	08h	Opening Ceremony Ózera Farm Hotel https://maps.app.goo.gl/V97aW6BVCGs7cqbN6
	09h	Long Course (WRE) Ózera Farm Hotel https://maps.app.goo.gl/V97aW6BVCGs7cqbN6
Aug 22nd/2026 Saturday	09h	Middle Course (WRE) Raiu Pousada Hostel https://maps.app.goo.gl/bZcNkNdayaXv1G2GA
	19h	Forest Courses Award Ceremony Dinner X South Cup 2026 Cultural Evening at Terra das Cachoeiras Gigantes Events Centre https://maps.app.goo.gl/p8AM8HPRTsoEr8XF9
Aug 23rd/2026 Sunday	09h	Sprint Course (WRE) Gilmar Agibert Sports Gymnasium https://maps.app.goo.gl/paLu9YfuefNmmFzjZ
	11h	Sprint Award Ceremony Closing Ceremony Gilmar Agibert Sports Gymnasium https://maps.app.goo.gl/paLu9YfuefNmmFzjZ

2. ENTRY FEES AND REGISTRATION – All costs in Euros

Classes and Courses	1º Deadline CLOSED	2º Deadline CLOSED	3º Deadline Till Aug 2nd 2026
Sprint Course (WRE)	13.00	15.00	17.00
Elite Class Long Course (WRE)	15.00	17.00	19.00
Elite Class Middle Course (WRE)	15.00	17.00	19.00
Elite Class Long + Middle Courses (WRE)	29.00	31.00	33.00
Sprint Class General (all non-elite)	11.00	13.00	15.00
Long Course General (all non-elite)	15.00	17.00	19.00
Middle Course General (all non-elite)	15.00	17.00	19.00
Promotional Pack (long+middle) General	28.00	30.00	35.00
Model Event	FREE		
Sicard – Rental Fee	2.00		
Lost Sicard Fee	65.00		

- Registration will be handled through the [event's official website](#).



Payment by Credit Card

The event page will generate a payment path for credit cards with the card brands accepted.

Participation in the IOF WORLD RANKING EVENT (WRE) applies to the M/W 21 E classes. Participation requires mandatory registration on the event page (CBO website) and on the IOF Eventor page, as well as payment of fees by the scheduled dates. Athletes who do not wish to count toward the world ranking must register only on the event page. In this case, even if they have world ranking points, their starting time will be determined by drawing lots and will start before the ranked athletes registered on Eventor.

Link to IOF Eventor: <https://eventor.orienteeing.org/Events>.

The registered competitor may request cancellation of registration and refund of amounts under the following conditions:

~~-Till June 1st, 2026—refund of 70% of the amount paid~~

- Till August 1st, 2026 – refund of 20% of the amount paid

- After August 1st, 2026 - there will be no refund of amounts

3. IOF EVENT ADVISOR

Luiz Sérgio Mendes

4. ORGANIZATION

Name	Position Held	Contact
Fábio Alexander Hartmann	Event Director	hartmann@pm.pr.gov.br
Odilon Penteado Junior	Technical Director	odilonpenteadojunior@hotmail.com
Luciano de Oliveira	Course Planner	orientista.oliveira@gmail.com
Adriano Jose Siqueira	Administrative Director	adrianosiqueiramoco@gmail.com
Divair José Fachi Luciano Oliveira	Map Makers	divairjf@gmail.com
Dangeles Alberto Mandu Odilon Penteado Junior	Security Manager	
SharonnHartmann Elizandra Serbai Bilek	Secretariat	sharon_hartmann@hotmail.com
Bruno Gasparello Hilgemberg	Finance	bghilgemberg@gmail.com
Paulo Cesar Bilek	Public Relations	paulobilek@policiapenal.pr.gov.br



5. MAPS

The maps are newly created, produced between August 2025 and June 2026 in accordance to ISOM 2017-2 Review 6 and ISSprOM 2019-2, and feature the following characteristics:

LONG COURSE – This course takes place in terrain with moderate relief, featuring deep and shallow ravines, ridges, and plateaus. Streams include both crossable and uncrossable sections (marked with symbols 201 and 202—cliff lines). Vegetation varies between native forest, *faxinal* (traditional agro-silvopastoral land), reforested areas, and open or semi-open fields. The courses feature fences and a network of trails that are crucial for navigation. In some sections, trails are not mapped because livestock trampling creates new paths. Power lines have been omitted to reduce visual clutter, as they run parallel to trails and fences. The Elite course enters a *faxinal* area where horses roam freely. It is essential to respect symbol 709 (out-of-bounds area), as these mark restricted zones containing confined livestock. Maps are at scales of 1:10.000 and 1:7.500, in accordance with CBO standards. The WRE Elite course will involve a map exchange.



Long Course Map Excerpt

MEDIUM COURSE – This will take place in an area of moderate relief, featuring deep and shallow valley bottoms, spurs, and plateaus. The site contains numerous springs situated in both open and dense vegetation. As with the long course, the streams include sections that are passable and others that are impassable (marked with symbols 201 and 202—cliff lines). In the *faxinal* areas, there are many indistinct trails created by livestock; in some cases, these are not mapped. The initial section of the map features an extensive network of trails, which are crucial for navigation. The various cultivated fields marked on the map are accessible and unrestricted. Map scales are 1:10,000 and 1:7,500, in accordance with CBO standards.

PAY ATTENTION to the two forest maps:

There are many thickets of “nhapindá” or “cat’s claw” (**Senegalia tenuifolia**). At this time of year, the foliage has shed, leaving the branches looking dry and covered in numerous thorns. Areas and thickets containing this plant will be represented by symbol 410 (difficult to walk through).



There are honeybee (*Apis mellifera*) hives in the area. These will be represented on the map by symbol 531 (special object). Locations with the highest concentration of hives will be marked with symbol 709 (out-of-bounds area), with no physical marking on the ground.



Middle Course Map Sample

SPRINT COURSE – The Sprint race area encompasses streets, public squares, and large private spaces made available for the event. Consequently, beyond mere route



choice, the ability to read the nuances of each environment introduces a key technical element to the course. The maximum elevation change will be 20 meters. Running surfaces include sidewalks, streets, and grass. Scale: 1:3.000, in accordance with CBO standards.



ATTENTION: The bases will be set up for SIAC use. However, the SIAC units will not be provided by the organization.



Sprint Course Map Sample

6. WINNING TIMES - WRE – Classes M21E / W21E

DATE	COURSE	WINNING TIMES
Aug 21st, 2026	Long	88 to 92 minutes
Aug 22nd, 2026	Middle	35 minutes
Aug 23rd, 2026	Sprint	12 to 15 minutes

7. RESTRICTED AREAS AND EVENT ACCESS POINTS

To view the embargoed areas and access points on a map, click [HERE](#)

8. CLASSES

WRE Courses: Classes M21E / W21E according to IOF Rules.

Other classes - Division by age: Example: M14B, W21A, M35A, W40B, etc.

Note: In Brazil there are divisions by difficulty of courses: For example: M35A means difficult courses for men 35 years old or more, M35B means easy courses and W35N means courses for newcomers. If you are used to compete orienteering, choose A classes.



9. RULES AND REGULATIONS

The competition will follow the IOF orienteering rules, the CBO pedestrian orienteering rules (ROP/CBO) and the South Cup 2026 regulations. For elite classes only IOF Rules will be Applied.

For safety reasons, it is recommended that elderly individuals, those with mobility difficulties, and those who are deaf carry a whistle during their courses, to be used in case of emergencies. Athletes are responsible for purchasing this equipment. (Rule 3.4.4 - ROP 2025)

The competitor, when registering for an Orienteering event, authorizes the use of his/her images for the purposes of publicizing and promoting the sport, in accordance with rule 6.14 of ROP 2025.

When registering to participate in an orienteering event, athletes or their legal guardians must DECLARE that they are responsible for any risks, physical, or physiological problems they may suffer during travel, the assembly area, and the execution of the courses, exempting those responsible for the areas, promoters, and event organizers from any liability arising from accidents or incidents that may occur before, during, or after the event's competitions. They also CERTIFY that they are in perfect physical and medical condition to compete regularly in the event. Personal accident insurance is the responsibility of the athlete or the club/entity to which they are affiliated. (Rule 6.6 - ROP 2025).

10. TIMING AND RESULTS

The SportIdent electronic system and Helga timing software will be used.

11. AWARD

There will be a participation medal for all athletes registered for the 10th South Orienteering Cup.

“The participation medal for the 2026 South Cup is inspired by the pessanka (pysanka), a traditional Ukrainian decorative egg. It features symbols representing Ukrainian culture, the city of Prudentópolis, orienteering, the South Cup and COLB logos, as well as the face of our mascot, containing a miniature of Prudentópolis' Main



Church inside. Designed in a gold finish, the medal celebrates the achievement of participating in and successfully completing the event.” Jean Licoviski



For the Forest and Sprint courses, awards will be presented in accordance with Article 19 of the X South Orienteering Cup Regulations:

“Article 19 - Awards will be presented based on the final rankings in the Sprint and Forest events, according to the number of athletes registered in each category.

Paragraph 1 - In both the Sprint and Forest events, all categories with 10 (ten) or more registered athletes will receive trophies for 1st through 5th place.

Paragraph 2 - In both the Sprint and Forest events, all categories with fewer than 10 registered athletes will receive trophies for 1st through 3rd place.”

ATHLETE KIT PICK-UP: Athlete kits will be available for pick-up starting on August 20th, 2026 (Thursday), at 9:00 a.m., at the [Terra das Cachoeiras Gigantes Event Center](#). Each kit will include the athlete's number, a SI-Card (for those who reserved one), a participation medal, and other event materials.

12. ACCOMMODATION

The city of Prudentópolis has a wide range of hotels and inns

Hotels:

- Mayna Hotel;
- Prudentópolis Palace Hotel;
- Domo Hotel;
- Elite Palace Hotel.

Inns e Hostels:

- Ózera Farm Hotel - <https://ozera.com.br/> (special discounts for event athletes), located within the long-course area.
- Fox Pousada das Águas;
- Ninho do Corvo Inn.



Lodging

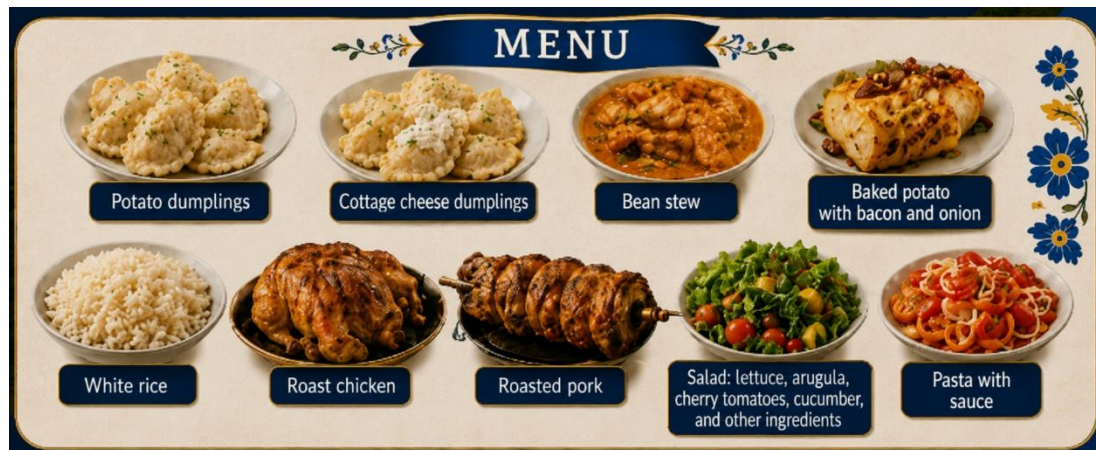
- Raiu Pousada Hostel is going to serve as the lodging, reservations and pricing directly with the owner, Mr. Antonio Komarcheuski, [WhatsApp icon](https://api.whatsapp.com/send?phone=42998182366) 42 99818-2366 (special discounts for event athletes). The [Raiu Pousada Hostel](#) is located away from the city center, within the area of the medium-distance course. There are no shops nearby.



Cantonment

- Prudentópolis Municipal Government Gymnasium, located at [Conselheiro Rui Barbosa Street, N/A, City Center](#). For reservations [click HERE](#).





13. MEALS

Meals will not be provided at the test venues; however, there are several places to eat both along the highway and in the city center. All these establishments are aware of the event. Here are a few tips:

- [Recanto Wolski](#), beverages, recanto and snacks in general (BR 373, Km 260);
- [Costenaro Colonial Chalet](#), restaurant (BR 373, Km 262);
- [Penteado Steakhouse](#), (Domingos Luiz de Oliveira Street, 1378, city center);
- [Doce Sonho Bakery](#), (São Josafat Street, 729, city center).

- Traditional Ukrainian Dinner (Forest Courses Awards Ceremony):

Date: August 26, 2022 (Saturday)

Time: From 7:30 PM

Location: [Terra das Cachoeiras Gigantes Event Center](#)

Note: Beverages will be sold on-site.

Reservations and payment by August 7, 2026, via the link: [Click HERE](#)



For information on tourist attractions, accommodation, cuisine, handicrafts, and much more about Prudentópolis, download the AppPrude.

<https://lnk.bio/appprudentopolis>

14. PHYSIOTHERAPY SERVICES

Specialized sports physiotherapy services provided by physiotherapist Mariana Nunes Faria will be available during the event.

Services offered:

✓ **Myofascial release (30 minutes)** - Recommended for relieving tension, improving mobility, and accelerating recovery.

✓ **Full physiotherapy session (1 hour)** - Personalized care for those requiring a more comprehensive approach, including assessment, guidance, manual techniques, taping, dry needling, and electrotherapy; focused on the acute treatment of pain and injuries to enable a return to the race the following day.

Services must be booked directly with the practitioner.

Treatment will take place in a dedicated tent at the race venues.

For further information and advance bookings, please contact the professional directly.

Mariana Nunes Faria - Sports physiotherapy- Crefito10: 222401-F

Contact:  (34)98411-8733

15. DISTANCE FROM PRUDENTÓPOLIS

Curitiba-PR	211 km	Belo Horizonte-MG	1.153 km
Florianópolis-SC	467 km	Rio de Janeiro-RJ	1.066 km
Porto Alegre-RS	693 km	Vitória-ES	1.491 km
São Paulo-SP	593 km	Brasília-DF	1.318 km



Tip: If you are coming from Curitiba, watch out for traffic jams when leaving the city. Check traffic apps, as there are speed cameras on all the highways leading to Prudentópolis.

16. GENERAL INFORMATION

Further information will be available in Bulletin 3, to be published the week before the event.

Fábio Alexander Hartmann
Event Director

Luiz Sérgio Mendes
Event Advisor



PRUDENTÓPOLIS – TOURISM AND CULTURE



Prudentópolis is located 230 km from Curitiba, accessible via high-quality toll roads. Neighboring Guarapuava, the charming city of Prudentópolis is a slice of Ukraine on Brazilian soil. Walking its streets is like taking a journey through time and space, where centuries-old traditions coexist with breathtaking landscapes.

Since the late 19th century, thousands of Ukrainian immigrants have crossed the ocean in search of a new home—and found fertile ground in Prudentópolis to put down roots. Today, more than 75% of the population is of Ukrainian descent, and this identity pulses strongly through the city's daily life.

The Ukrainian language is still taught in schools and spoken at home by many families. Church architecture, golden domes, Orthodox icons, and the celebration of Orthodox Easter are living legacies that deeply move visitors.



Stunning Nature

The Land of Giant Waterfalls



Did you know that Prudentópolis has over 100 cataloged waterfalls? That's right! Many of them exceed 100 meters in height, set amidst canyons and preserved Atlantic Forest.

The star among them is the Salto São Francisco Waterfall, with an impressive 196-meter free fall—one of the highest in Brazil!

Other notable waterfalls include the Véu da Noiva Waterfall, the Rio São João Waterfall, and the Rio dos Patos Canyons.

Recommended places to visit:

Manduri Falss: <https://maps.app.goo.gl/smuJF3ad4tYKmwK1A>

Barão do Rio Branco Falls: <https://maps.app.goo.gl/W74AkKwCRS4hgHRX8>

Sete Falls: <https://maps.app.goo.gl/HX6FW1xckQvoCfpf8>

Culture, Faith and Flavors

Prudentópolis delights with its tranquility and historic charm.

Visit:

- São Josafat Church – with hand-painted frescoes and breathtaking architecture.
- Millennium Museum – where the history of Ukrainian immigration comes to life.
- Gastronomia típica – *Operohê*, the *borsch* and other Slavic flavors with Brazilian touch.



The organizers of the South Cup 2026 sent a special invitation to the Ukrainian Orienteering Federation, considering the possibility of their participation in an event that unites sport, culture, and fraternity among peoples.

BORSH – Tradicional Dish



HOLOPTIS – Tradicional Dish



PÊSSANKAS - Craftsmanship



SUPPORTERS / CONTRIBUTORS



Prefeitura Municipal de Prudentópolis



**X Copa Sul 2026
Boletim 2**



Ózera Hotel Fazenda



Agropecuária Agromel



Ede Coelho Fotografia



OdontoTop



Control Point – Eventos & Artigos Esportivos



**Angelita Viana
Artigos Esportivos**



Recanto Rickli

